

Happy Friday to the Carlmont Community -

I hope you all enjoy a restorative break - whether that means sleeping in, going to the beach, hitting the slopes, or however it is you refresh and recharge. We'll all be rejuvenated and ready to go on Monday, February 27. In the meantime, I have a few announcements:



1. Congrats to Wrestling and Boys' and Girls' basketball teams as they continue in CCS finals this weekend and next week. Go Scots!
2. Congrats to Mr. Dave Gomez and Carlmont's Varsity Mock Trial Team who competed in Semi-Finals at the SSF Courthouse this past Wednesday - first time in 18 years CHS has reached this level. They finished 3rd in the County. Way to go students, thank you to the parent coaches, and thanks to Mr. Gomez!!
3. At home COVID tests were distributed this past week. Please note the expiration date on those tests has been extended to November of '23.
4. Finally, an announcement about the Green Driving Project: The CHS Green Team (a group of students working with Mr. Harrison as advisor) has been working with a non-profit (*Green Driving America*) on a project - "Schools Are Not Drive-Thrus!" So far, the club has collected emissions data on idling cars during school pick-up and received educational signs/posters to be placed at the various drop-off spots. Here is a link to the Green Driving America website if you would like more information. [Link to Website](#)

The Green Team would like you to please keep in mind:

- ❖ *When waiting for students to be picked up, all engines should be shut off.*
- ❖ *All drivers should turn off engines when they arrive at school and when they expect to be parked for more than 30 seconds.*
- ❖ *If idling is necessary for temperature control, such as for any defrosting issues, or when more than 80 degrees including with frail elderly, infant or pet passengers, please restrict it to no more than a few minutes.*

*We are implementing this policy to reduce the students' exposure to air toxics emitted in the exhaust of idling vehicles. Idling vehicles contribute to air pollution and emit **air toxins**, which are pollutants known or suspected to cause respiratory illnesses, cancer, or other serious health effects over time. Additionally, idling wastes energy and contributes to climate change.*

We encourage you to eliminate unnecessary idling not only at our school but anywhere you are waiting for more than 30 seconds. This simple change will improve the air we breathe, as well reduce carbon dioxide (CO₂) emissions and fossil fuel use that contribute to climate change.

Thank you for your support!

Again, enjoy the mid-winter break.

Onward Carlmont!

Best,

G. Buckland-Murray, Principal